

Las Vegas Overeaters Anonymous Intergroup  
Saturday, September 12, 2020  
Meeting Minutes

- A. 12:30 pm begin with the Serenity Prayer
- B. Readings: Carole C (Step 9); Cheryl B (Tradition 9); Cheryl B (2 Concepts)
- C. Handouts: agenda, minutes, and meeting lists – via email/LVOAIG website
- D. In Attendance:

Carole C (Chair), Ellen-V, Cheryl B-V, Cher-V, Julie B -V, Julie T-V, Felicia-V, Hudson-V, Barb-V, Ruth-V, Karen-V, Amy-V, Carmen-V

Quorum: **Established**

- E. Approve August 8, 2020 minutes (emailed 8/31/2020):

Motioned & 2<sup>nd</sup>: **Approved Unanimously**

- F. Business

1. Corresponding Secretary (Felicia): Sent out the meeting lists (Thursday 9/10) and had 20 bounce backs. Let her know if you are not receiving them.
2. Recording Secretary (Ellen): No report but received complements on the minutes and thanked all.
3. Treasurer (Karen): Shared screen of current treasurer report. Copies will be sent with the minutes. \$790 has been received thru PayPal; \$60 was mailed in. A breakdown report of specific meeting donations was provided. The Secretary of State registration (\$60) plus the contact change (to Amy) of \$50 for total of \$110. As of today, The Meeting Place has not cashed the \$100 check donation. Balance in the bank: \$3,910.31 Prudent reserve is: \$1,009 (incl interest). Compliments to all who have been doing service.
4. Delegates (Hudson, Carole & Bernadette-Alternate): Hudson – Fall 2020 Region 3 (R3) online Assembly (business)/Convention spent most of the time discussing the changing of the By-Laws. This was due to the current By-Laws reading that the Assembly is to meet in person, which currently is not possible. Shared some of the “meetings” that members are having,

e.g., drive to meeting site, sit in car and log into meeting from the car, “tailgate” meetings. R3 announced the availability of two books: *Body Image, Relationships, and Sexuality*, and available from Amazon *A New Beginning: Stories of Recovery from Relapse*. Discussion ensued about the pros/cons of ordering from Amazon (there is a method to give a royalty to OA) vs buying through LVOAI Literature Chair and/or buying directly from OA.org (i.e., shipping cost)

Carole – WSBC next year is scheduled from 4/21-24/2021. She will register (\$149) by 2/2021. WSO believes it is easier to plan the face-to-face Conference and cancel and revert to ZOOM vs other way around (ZOOM to face-to-face). Carole indicated that requests for New Motion and Bylaw changes will be due to WSO soon.

5. Board Advisor (Cheryl): Bylaws revisions are ready to be distributed for review. She will send to Felicia for emailing. Changes/additions are encouraged to be sent to Cheryl for review/discussion. Representatives are asked to be prepared to discuss any proposed changes. LVOAI will vote and approve in November 2020.

NOTE (not to bypass Hester): Cheryl has some Newcomer packets and chips and if anyone needs some contact her. She will include a meeting directory with those mailings.

6. Voicemail (Ruth): Going well, however she does not believe that VM is the preferred method of folks finding OA meetings.
7. Literature (Hester): Not in attendance
8. Meeting Lists (Julie): Pass
9. PIPO (Art): Not in attendance
10. Ways & Means: Vacant
11. 12<sup>th</sup> Step Within: Vacant
12. Web Manager (Joy): Not in attendance. Hudson commented that a member from Belgian and a newcomer from UK found local meetings from the website. Julie and Joy doing a great job in keeping up the website.

13. Newsletter (Barb): Narrowed down to two names: OAsis in the Desert (this is an Arizona Intergroup name) or OAsis in Vegas. After much discussion it was agreed to just call it **OAsis**. During the discussion it was noted that some of the submitted titles could be sections of the newsletter, e.g., Toolkit, Slogans, Recovery, Positive Pitches. Barb asks everyone (all members) to submit personal articles, e.g., “How am I working my program using Zoom Meetings – Do I like It, Don’t Like, Hate It; Like/Don’t Like making the 7<sup>th</sup> Tradition using PayPal. She plans to add the meeting directory to the newsletter but is having technical difficulties. It was suggested that until that issue is resolved to guide folks to the LVOAI website for a list of meetings. The newsletter will mention the three open positions. Barb asks that individuals holding current positions write a piece sharing your experience in your service position. She indicated that the newsletter being electronic will be in color.
14. October Retreat (Cher): Shared a screen shot of the Living in the Promises Retreat program breakdown. A “Save the Date” has been setup. Online Registration will be \$10. Once a person as registered, he/she will be sent a welcome letter with logon information. Cher has gotten most of the topic speakers.
15. Zoom Administrator (Cher): All is going great and hosts are set for all the meetings. Compliments were given on each host having its own “host” picture.

#### G. Old Business

1. Open positions: It was suggested to ask the people who served in these positions to write about their experience for the newsletter.
  - a. Ways & Means- Discussed the concern of how this service can be done during COVID.
  - b. 12th Step Within - Discussed the possibility of ZOOM workshops. Cher is willing to coordinate once the Retreat is complete (member cannot serve on two committees at the same time). It was decided to wait until January 2021 to begin.
  - c. Alternate Delegate

#### H. New Business

Hudson serves on the R3 Financial Committee and they are looking for ways to have fund raisers on-line. An On-line Catalogue was suggested. Las Vegas sells locally. Ruth will temporarily set up jewelry for sale and send to Barb to have pictures for newsletter. “Welcome Home” T-shirts are still available. The

Meeting Place has yet to pay for the book covers they purchased. It was thought that since they have not cashed the \$100 donation check that they may consider it a wash.

I. Announcements

J. Next Intergroup Meeting (via ZOOM): **October 10, 2020 at 12:30pm**

Adjourn meeting

**Motioned & 2<sup>nd</sup> to Adjourn: 1:20p.m.**

Closed with the Serenity Prayer

Submitted By: Ellen R.