

Las Vegas Overeaters Anonymous Intergroup  
Saturday, July 10, 2021  
Meeting Minutes

- A. Meeting opened at 12:30 pm with the Serenity Prayer
- B. Readings: April (Step 7); April (Tradition 7); Cheryl B (2 Concepts)
- C. Handouts: agenda, minutes, and meeting lists – via email/LVOAI website
- D. In Attendance

Amy-V, Monday, 7pm	Felicia S – V, Corresponding Secretary
April D-V, Friday, 12 Noon	Hester – V, Thursday 5:30pm
Bernadette-V, Monday, 7pm, Alt Delegate	Julie B-V, Tuesday, 9:30am
Carole C (Chair), WSBC, Wed-Pahrump	Scott H-V Tuesday, 7pm Henderson
Cheryl B-V, Vice Chair, Board Advisor	Meeting List
Cher – V, 12 Step Within	Victoria -V, Literature
Ellen-V, Recording Secretary	Kelly – V, Monday 12 Noon

Quorum: **Established -Total 12** voting

- E. Minutes Approval:

**Motioned and 2<sup>nd</sup>:** Approval of minutes for 6/12/21 was made **unanimously**.

- F. General Business:

1. Corresponding Secretary (Felicia): Pass
2. Recording Secretary (Ellen): Explained the spreadsheet she developed on the Positions and Term Limits. She wanted to confirm that only the first names and last initial will be listed on the spreadsheet. She will send to Felicia the Excel document for distribution so the Board Members, Committee Chairs, and IG reps (only) can review the information for email and phone number corrections. This form will **not** be membership wide distributed. Ellen shared that after last month's elections the names of the current position holders (with phone numbers) were sent to Joy for inclusion on the website.
3. Treasurer (Karen): Not in attendance but from an email the report was presented by Carole. Carole asked if there were comments. The request from Scott to change the Resident Agent to himself has been made (\$60 payment reimbursed) and is still waiting the State's final acceptance.

4. Delegates (Hudson,1-R3 Carole-2-WSBC & Bernadette-Alt 1, Vacant - Alt 2):

Hudson– Out of town. Carole shared that the Fall R3 Convention and Assembly is being held virtually 8/20-21. Please see R3 website for registration information.

Carole– Pass

Bernadette- Pass

5. Board Advisor (Cheryl B): Pass

6. Voicemail: (Karen): Not in attendance but from an email the report was presented by Carole. The Voicemail is only an outgoing message. Callers not able to leave messages and are given directions to the LVOA website meeting information. Currently Karen is only contact. She has received two calls and was able to direct them to the newly designed meetings listing (with links to the meetings). Cheryl B has also received (not sure how) a couple of inquiries. It is unsure as to why they cannot leave a message. Thought was that it might be an expensive program.

7. Literature (Victoria): Shared that the literature audit was performed. Victoria gave thanks to Hester, Cheryl, and Scott for their assistance in the audit. Scott was instrumental in setting up a Literature Google Document <https://bit.ly/LVOAlit> that will make it easier for sharing with Intergroup, information management, and the annual audit. It is considered a live document with only Victoria and Scott able to make entries. Victoria indicated that she plans to add a separate listing of free materials (out of dated/donated material) so the membership knows what is fully available.

Victoria asked if LVOAI would allow her to establish an account with the WSO Bookstore using the LVOAI Nevada State Bank debit card. This set up would make it very convenient in making literature purchases and managing the purchasing account.

**Motion and 2nd:** Establish a WSO Bookstore account using the LVOA debit card for purchasing purposes: **Passed.**

8. Meeting Lists (Scott): Scott updated an electronic meeting list and it will be current all the time. He has reached out to each contact but to no avail with the Triangle Club. Nancy (from Tue night) confirms that there have been no meetings there for over a month.

Scott stated that the Laughlin meeting is closed for several reasons: 1) The meeting building has been closed for construction for some time and 2) the contact person (Agatha), who has been serving the meeting since 2003, is no longer available due to personal reasons. Her name will be removed from the listing.

Scott was provided with a couple more people to contact. If he cannot reach them, he will take both meetings off the meetings list.

The St George, Utah meetings have moved to a hybrid format and those meetings can be found on the "Dixie Alamo Club" website and on the meetings list. Scott also changed the meeting times on the meetings list to reflect the time difference between

Las Vegas and St George. The 9 am St George meeting is the only meeting that does not have an up-to-date contact.

9. PIPO (Vacant):
10. Ways & Means (Vacant):
11. 12<sup>th</sup> Step Within (Cher): Workshop today from 2:00pm-4:00pm. Cheryl B is presenting a writing workshop. The next workshop (again virtual) will be a 4-hour retreat and will be held on October 9<sup>th</sup>. Timeframe is to be determined but *possibly* 1:30pm-5:30pm.
12. Web Manager (Joy): Carole stated that there have been no complaints.
13. Newsletter (Cheryl B): Cheryl B submitted her resignation with apologies, expressing that she had over-extended herself with service. She is willing to contribute articles. IG thanked her for service. There was some discussion on the need of a newsletter. Scott shared his hyperlink (<https://bit.ly/LVOAnews>) he provides for his regular meeting group which contains various “happenings” around the area (notices, flyers). Carole and Scott offered to gather materials in addition to the thought that possible articles may be available through today’s workshop. There was a discussion of having a quarterly newsletter and presenting it through the hyperlink.
14. October 2022 Retreat (Open): A person to coordinator the face-to-face retreat is needed. It was highly suggested that this person needs to start by January 2022.
15. Virtual Meetings Administrator (Cher): All going well. She corrects when someone inadvertently changes something.

G. Old Business  
None

H. New Business

Victoria requested a method of providing the literature link <https://bit.ly/LVOALit> to the groups. The information is updated automatically, and it was believed the membership should have access. Discussion ensued as to who should receive the literature link – only Intergroup Reps or all members and who (Felicia or Victoria) should send the information?

**Motioned and /2<sup>nd</sup>:** Victoria is to reach out to meeting contacts to share the literature link.  
**Passed Unanimously**

The link will be provided to Joy to make available on the website.

I. Announcements

Central New Mexico Intergroup (CNMI) is hosting a Silent Retreat October 15-17, 2021. Flyer to be coming soon.

WS Convention is happening (in person) in Orlando Sea World August 26-28, 2021; Full registration is \$150 due by July 30<sup>th</sup>.

Amy although moving to the east coast still plans on attending to IG when possible. Monday 7 pm meeting is eligible for two reps therefore a second one will need to be found.

Next meeting will be on ZOOM, Saturday, August 14, 2021, at 12:30pm

**Motioned & 2<sup>nd</sup> to Adjourn:** 1:33pm

Closed with the “We” version of the Serenity Prayer.

Submitted By: Ellen R.