Las Vegas Overeaters Anonymous Intergroup Saturday, December 11, 2021 Meeting Minutes

- A. Meeting opened at 12:33pm with the Serenity Prayer
- B. Readings: Victoria (Step 12); April (Tradition 12); Scott (2 Concepts)
- C. Handouts: agenda, minutes, and meeting lists via email/LVOAI website
- D. In Attendance (Chair Carole out for this meeting, Chery B, VC, conducting meeting)

April D -V, Friday, 12 Noon

 $Bernadette\ -V,\ Monday,\ 7pm,\ Delegate$

Cheryl B (Not Voting), Vice Chair

Cher – V, 12 Step With-in

Ellen -V, Recording Secretary

Gina – V, Sun 5:30pm

Johanna – Visitor

Julie -V – Tues 9:30am In-Person

Karen-V, Treasurer

Richard – V, Thursday, 5pm

Ruth P -V, Sun 1pm Zoom

Scott – V – Tues 7pm Victoria -V, Literature

Quorum: Established -Total 11

E. Minutes Approval:

Cheryl B questioned about her preparing letterhead stationery and was confirmed that this was correct.

Motioned & 2nd: Approve minutes for 11//21 as presented. Passed unanimously.

- F. General Business:
 - 1. Corresponding Secretary (Felicia): Absent no report
 - 2. Recording Secretary (Ellen): Pass
 - 3. Treasurer (Karen): Ellen asked Karen if she received the notification of the change in the R3 Treasurer address in which to send donations. Since she did not Ellen will email her the information.
 - 4. Delegates (Bernadette 1-R3, Carole-2-WSBC & Vacant-Alt 1, Vacant Alt 2): Pass
 - 5. Board Advisor (Cheryl B): Holiday Party today at 2:00pm. Wear your holiday shirts and bring your holiday mugs.
 - 6. Voicemail: (Karen): Phone calls are coming in but nothing new.

- 7. Literature (Victoria): What to do with donated literature from closed meetings? A discussion ensued regarding this issue and cost for mailing of said materials. Suggestions; add donated literature to the "free literature" (old materials) spreadsheet; donate to places (prisons, shelters, etc.).
 - **Motioned & 2nd:** Any donated literature in decent condition by a group or individual will be added to the free literature spreadsheet and the Literature Coordinator will meet with local interested members for distribution (if possible) or will mail (book rate) within the LVOAI area. The exception being individuals within the United States requesting Newcomer pamphlets will be mailed to them. **Passed anonymously**
- 8. Meeting list (Scott): Shared four lists of meeting links from out of the LVOAI area have been added to the bottom of the LVOA directory.
- 9. PIPO (Vacant):
- 10. Ways & Means (Vacant):
- 11. 12th Step Within (Cher): Reminder of the holiday party today.
- 12. Web Manager (Joy): Absent. No Report
- 13. Newsletter (Vacant):
- 14. October 2022 Retreat (Cher): Reaching out to the site (Rising Star) and will begin in January to work on the details.
- 15. Virtual Meetings Administrator (Cher): Someone as a host is making global setting changes which messes up for all meetings. Asks that hosts be extra cautious when logging in/out of a meeting. Cher is responsible for any changes needed. Cher will set up a review meeting for hosts. It is recommended that all meetings have a host for security and a distraction free environment.
- 16. Group Reps Meetings Status:

(April D) Friday, 12 Noon - going well with attendee numbers up and down

(Bernadette) Monday, 7pm, - about the same numbers (a few moved but log in)

(Gina) Sun 5:30pm - meeting going well

(Julie) Tues 9:30am In-Person (Keep Coming Back) – average between 5-15 attendees, has a large space. Use to have a leader take a whole month but changing to weekly. Was able to donate \$200 to Intergroup.

(Richard) Thursday, 5pm – solid base of 7 to 10 attendees

(Ruth P) Sun 1pm Zoom – up and down - week to week

(Scott) Tues 7pm – doing great

G. Old Business - None

H. New Business - None

I. Announcements

Ellen - Online Lifeline coming 2/22/2022. Workshop on how to submit documents (or videos) will be held 1/7-9/22.

Gina - Saturday 5:30pm Zoom meeting needs support. Has no intergroup representative.

Reminder of today's Holiday Party at 2:00pm.

J. Next meeting will be on Zoom, Saturday, January 8, 2022, at 12:30pm

Motioned & 2nd to Adjourn: 1:19pm

Closed with the Serenity Prayer.

Submitted By: Ellen R.