

Las Vegas Overeaters Anonymous Intergroup  
Saturday, January 8, 2022  
Meeting Minutes

- A. Meeting opened at 12:30pm with the Serenity Prayer
- B. Readings: Cher (Step 1); April (Tradition 1); Carole (2 Concepts)
- C. Handouts: agenda, minutes, and meeting lists – via email/LVOAI website
- D. In Attendance:

April D -V, Friday, 12 Noon	Hester -V, Thurs, 5pm
Bernadette -V, Monday, 7pm, Delegate	Johanna – V, Sun 5:30pm
Carole - Chair	Joy – V, Webmaster
Cheryl B- V, Vice Chair	Julie -V – Tues 9:30am In-Person
Cher – V, 12 Step With-in, Zoom Admin	Karen-V, Treasurer
Felicia – V Corresponding Secretary	Scott – V – Tues 7pm
Ellen -V, Recording Secretary	Victoria -V, Literature

Quorum: **Established -Total 10 Final Total: 13** (three arrived late)

- E. Minutes Approval:

**Motioned & 2<sup>nd</sup>:** Approve minutes for 12/11/21 as presented. **Adopted as emailed.**

- F. General Business:

1. Corresponding Secretary (Felicia): Pass
2. Recording Secretary (Ellen): Pass
3. Treasurer (Karen): Funds are up to date. Suggestion that a donation to R3 & WSO be considered but will table until next month.
4. Delegates (Bernadette 1-R3, Carole-2-WSBC & Vacant-Alt 1, Vacant - Alt 2):

Carole: WSBC is presenting 9 Motions and 15 Bylaws proposals for this conference. She will disseminate to the Intergroup for review – hopefully by the end of this week. Deadline for return to WSO is 2/24. WSBC (April) – approximately \$1,172/one person. Carole willing to drive to save cost.

Bernadette: Attending R3 Assembly in March is questionable in that she is experiencing family health issues. Carole is willing to go to both R3 & WSBC and if there was another eligible member they could attend also. Costs and eligibility for attending for both were discussed: R3 (March) -approximately \$583 (no reg fee). More on this will be after a Zoom meeting being held this Monday.

Carole will attend both functions.

5. Board Advisor (Cheryl B): Letterhead created.  
**Motioned and 2<sup>nd</sup>:** To not having Board names on the letterhead. **Passed**
6. Voicemail: (Karen): Nothing new. Couple of calls a month. The meeting list link is shared with them.
7. Literature (Victoria): General discussions ensued regarding the accounting of cost and free distribution of new Newcomer pamphlets, including an online form for requesting of the pamphlets, purchasing a supply of the pamphlets and use of the LVOAI Credit Card for all literature need.  
  
Saw that past minutes allows her to send out the pamphlets. But was concerned if she should send out To the Professional pamphlets. An OA group has ordered some for their personal distribution but asked if IG will pay and send these pamphlets (PIPO work).  
  
**Motion/&2<sup>nd</sup>.** Literature Chair is to purchase and disseminate PIPO materials as needed.  
**Adopted**  
  
Scott shared his Newcomer pamphlet request form with IG.  
  
**Motion & 2<sup>nd</sup>:** A Newcomer pamphlet request form to be added to the LVOAI website and the Literature Coordinator will send out the materials. **Passed**  
  
Victoria and Scott will work with Joy for specifics on getting it on the website.  
Suggested to add a contact name and number to the mailing.
8. Meeting list (Scott): Good. One change has been done. Ellen noted that she entered the same update on OA.org website but it has not been completed as of today.
9. PIPO (Vacant):
10. Ways & Means (Vacant):
11. 12<sup>th</sup> Step Within (Cher): Today is the January workshop. Ellen suggested having workshops on special days for WSO celebrations (Unity Day, IDEA Day, etc.).
12. Web Manager (Joy): Asks that if members notice any outdated information (or errors) on the website to contact her. Cher will assist in the checking of website information.
13. Newsletter (Vacant): Still need someone.
14. October 2022 Retreat (Cher): Reaching out again to Rising Star – Mesquite (closed right now). Plans to begin coordination process in February and asks people to contact her if they are willing to be involved. More information to follow.
15. Virtual Meetings Administrator (Cher): A Host meeting was held, and a few items were set in Settings (by Cher). Hosts were shown how to lock meeting down and ZOOM has added a Security Button that gives a Host the opportunity to “dump” bombers. Logon information

will be given to interested parties upon calling the Contact Persons. Those wanting to be a Host are to contact Cher.

**Motion & 2<sup>nd</sup>:** To extend the meeting additional 15 minutes – **Passed**

16. Group Reps – Meetings Status:

April D - Fri, 12 N – Everything is going well. Lot of out towners and out of country.

Bernadette - Mon, 7pm – about 10 people. Discounted rent is paid to Feb. Monthly discussions to remain in Zoom.

Cher – (Not group rep) Sat, 9:30a doing well. Wed, 6pm very small could use support.

Felicia – Sun, 5:30pm– 10 people, a couple of newcomers. There is talk of the Serenity Club may close.

Hester – Thurs, 5 pm - doing well steady attendees with 3 males, occasional newcomers.

Johanna – Sun 5:30pm – 1-2 newcomers, going well.

Julie - Tues 9:30am In-Person – attendance has slimmed down in last two weeks.

Johanna – Sat 5:30 small and could use support.

Scott –Tues 7pm – going great.

Carole – Wed. Pahrump – small meeting using masks, a newcomer came. Info regularly in Newspaper.

G. Old Business

Cher stated that all meetings have a host and suggests that a second host (co-host) would be good for meeting support. Scott will put link to being a host on directory.

H. New Business

Ellen attended the *New Lifeline* (goes live 2/22/22) workshop that was more of a writing or how to prepare articles, art, and/or videos (Tik Tok in particular), not so much of how to upload them. She watched a couple of Tik Tok videos that two members produced. Same submission process: Trustees review for appropriateness (no Tradition breaks, etc.). Stories will be given a limit of 1500-2000 words. A member offered her help in producing the Tik Toks (she is web designer). Info placed in chat. Temporary upload link: <https://form.jotform.com/220035565825050>  
Canva.com (a design platform) Alix S: [alis@oafootsteps.com](mailto:alis@oafootsteps.com) 519/703-7773  
<https://oacreative.org>

I. Announcements

Scott - Newcomer pamphlet request form is up on website and ready to be used.

Carole – OAVirtualRegion.org has a lot of things to do. Check it out.

Today's workshop is: New Beginnings and Aha Moments.

J. Next meeting will be on Zoom, **Saturday, February 12, 2022, at 12:30pm**

**Motioned & 2<sup>nd</sup> to Adjourn:** 1:43pm

Closed with the “We” Serenity Prayer.

Submitted By: Ellen R.