Las Vegas Overeaters Anonymous Intergroup Saturday, April 9, 2022 Meeting Minutes

- A. Meeting opened at 12:30pm with the Serenity Prayer
- B. Readings: Patty (Step 4); Patty (Tradition 4); Carole (2 Concepts)
- C. Handouts: agenda, minutes, and meeting lists via email/LVOAI website
- D. In Attendance:

April D -V, Friday, 12 Noon Ellen-V, Recording Secretary

Bernadette -V, Mon, 7pm, Delegate Johanna – V Sun 5:30 & Thurs (this week)

Carole – Chair, WSBC Delegate Karen-V, Treasurer Cheryl B- V, Vice Chair, Board Advisor Patty -V, St George

Cher – V, 12 Step With-in, Zoom Admin Scott – V – Tues 7pm, Meeting List

Quorum: Established -Total 9

E. Minutes Approval:

Motioned & 2nd: Approve minutes for 3/12/22. Adopted

F. General Business:

- 1. Corresponding Secretary (Felicia): Unable to attend (absent with prior notification).
- 2. Recording Secretary (Ellen): Pass
- 3. Treasurer (Karen): Pass
- 4. Delegates (Bernadette #1-R3, Carole #2 & WSBC, Vacant-Alt #1, Vacant Alt #2): Carole is signed up for WSBC (virtually) on 4/22-30/22. It will meet daily for four hours. She will have an additional two hours in the afternoon in that she serves on the Reference Subcommittee of Bylaws Committee. Carole submitted her official R3 report and Felicia distributed it to the membership prior to Intergroup.
- 5. Board Advisor (Cheryl B): Pass
- 6. Voicemail: (Karen): Pass
- 7. Literature (Victoria): No report (via Karen). Ellen shared that the virtual Saturday 5:30pm meeting will be permanently virtual and will be donating its materials (books and pamphlets) to the Literature stock for distribution.
- 8. Meeting list (Scott): The Sunday (in person) 1:00pm meeting has changed to 2:00pm and the update has been made on the directory.

- 9. PIPO (Vacant):
- 10. Ways & Means (Vacant):
- 11. 12th Step Within (Cher): Today's workshop is titled: We Are All Together Now: Freedom from Isolation. There will be a July workshop and although Cher is stepping down from the position (terming out), she will finish out with the July (and/or will help the next person). Ellen mentioned that folks from out of state (Colorado) were unable to find the workshop listed on LVOA.org but word of mouth info was given. Ellen suggested that this information needs to be put on the website (possibly add an "Events" tab). Cher will reach out to Joy (Webmaster) but all are asked to remember to share information with Joy about upcoming events.
- 12. Web Manager (Joy): See above
- 13. Newsletter (Vacant): With two months before elections, Carole will put out a newsletter announcing the openings. Carole asks that currently serving members write a statement of their positions and how serving on IG has helped their program.
- 14. October 2022 Retreat (Cher): Will schedule a meeting (in person) of the planning committee members in mid-May (tentative date Sunday 5/15).to discuss the theme, etc. Folks willing to help are to contact Cher.
- 15. Virtual Meetings Administrator (Cher): Please tell people to <u>not change anything</u> in Settings, e.g., profiles, etc. General discussion ensued regarding pros/cons of enabling the 'waiting room' option to aid in alleviating "bombers". Currently there are seven people on the "List of Hosts". Scott shared the list link (see below)

 https://docs.google.com/spreadsheets/d/1W2hyhs7ccwfDnfDJn8_BH-ffjsm7hQAD25SS5JjSt5E/edit?usp=drivesdk
 Please contact Cher if one is interested in becoming a Host.
- 16. Group Reps Meetings Status:
 - April D -Friday, 12 Noon: Going fine with 5-6 people; been a bit of a drop off recently; the waiting room has been enabled; the code and password remain on OA.org due to her not be available (at work) to speak with someone calling for info. So having logon info is helpful.

Carole –Pahrump meeting face to face with no masks and is steady

Cher - (Not rep) Sat 9:30a- between 16-22 people and is a good meeting.

Ellen- Asked for support for the Wednesday 6pm & Saturday 5:30pm meetings

Johanna – Sun 5:30pm been healthy with 6-10 people

- Thursday 5:00pm have between 5-10 people

Patty - St George (both meetings) –going fine (pretty healthy) with 6-10 people which is up from 2-6. People are helping each other and reaching out

Scott -Tues 7pm Good meeting with no less than 4-6 people

- G. Old Business None
- H. New Business Elections are in June and an article in newsletter will be placed. Members are asked to approach people to inquire of their interest.
- I. Announcements: Workshop 2:00-4:00pm today Virtual Region is having a workshop tomorrow 4/10 at 12Noon (PST). Check out their website https://oavirtualregion.org for further information.
- J. Next meeting will be on Zoom, Saturday, May 14, 2022, at 12:30pm

Motioned & 2nd to Adjourn: 1:08pm

Closed with the "We" Serenity Prayer.

Submitted By: Ellen R.