Las Vegas Overeaters Anonymous Intergroup Saturday July 8, 2023 Meeting Minutes

- A. Meeting opened at 12:30 with Serenity Prayer
- B. Readings: Step 7, Tradition 7 and 2 Concepts
- C. Handouts: agenda, Treasurer reports and meeting lists via email/LVOAI website
- D. In Attendance:

Linda E - V, Literature, Ways & Means, Alt Delegate ,Thurs mtg

Terese - V, Vice Chair Sunday 5:30 pm

Amy - V, Tuesday

Bonnie -V St George Saturday meeting

Johana - V, Wednesday 7pm

Bernadette – V, Mon 7pm

Carole C – V, Treasurer, 12 Step within, WSO Delegate, Pahrump

April – V, Friday 12, Corr Sec, Reg 3 Delegate

Scott - V, Zoom Admin (co-chair)

Julie – V, Tuesday 9:30, Voicemail

Quorum: Established - Total 10 voting

- E. Minutes: April and May minutes not sent out yet, June minutes approved
- F. General Business: -
 - 1. Vice Chair Terese passed
 - 2. Corresponding Secretary April -has been using the "LVOA" email, phasing out sending from her personal email account. Since there are no problems, April will discontinue using personal email.
 - 3. Recording Secretary Karen-absent
 - 4. Treasurer Carole Recommends waiting to make donations to the Region and WSO until a budget is set up for the convention.
 - 5. Delegates April-Reg 3 convention will be held in Houston Oct 12-14 2023. April is able to attend. Carole -WSO, not much activity going on currently. Working on the By-law committee. Linda -alt-passed
 - 6. Board Advisor Vacant
 - 7. Voicemail Julie passed
 - 8. Literature Linda Literature transferred during the last month from Victoria. Need to cancel Victoria's bank card and will get a new one for Linda. Carole C will facilitate.
 - 9. Meeting Lists Victoria absent
 - 10. PIPO Lucy absent

- 11. Ways & Means Linda-passed
- 12. 12 Steps within- Carole C- Dormant because of the upcoming fall zoom retreat and the Spring convention
- 13. Web Manager Joy absent but Ellen gave an email update. Positions have been updated on the website. Joy would like email addresses for all committee chairs in order to forward any incoming emails using the standard LVOA email addresses
- 14. Newsletter Linda Has started the next newsletter. Goal is to have the next newsletter out at August 1, 2023
- 15. Zoom administrator Cher/Scott-if you want to be a zoom host, let them know. There is free zoom security training available from San Diego OA
- 16. Group reps April noon meeting still going, attendance can vary 2-10
- G. Old Business: Fall 2023 retreat Carole C and Linda Co-chairs, selected Oct 28, 2023 to hold the one day retreat. The theme will be getting through the holidays. Still in the planning stages but tentatively, planning on 3 sessions, 2 speakers each session, open sharing.
 - April 2024 Region 3 Convention, next meeting Thursday August 13. Need volunteers, please spread the word to attend the planning meeting. Had a zoom meeting with Andrea, R3 rep to go over a few questions that arose from the site visit at the Hampton Inn. R3 sent \$500 seed money to LVOAI.
- H. New Business: None
- I. Announcements: None

Next Intergroup Meeting (via Zoom): Saturday August 12, 2023, at 12:30 pm

Adjourned and Closed the meeting with the Responsibility Pledge:

Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible.

Submitted By: Karen S